

Holistic Healing Foundation of India

Holistic Healing Foundation of India (HHFI) was established in December 2000, as a Public Charitable Trust registered under the Bombay Trust Act.

At HHFI we firmly believe that Health, Happiness, Harmony and Abundance are the birthright of every individual on earth.

Holistic Health Consultants and Empowerment Trainers

**For Self - Organizations - Properties
Founded by Rustom, Rhoda,
Hervez and Rashna Bharucha**



Our Mission:

Our mission is to provide vibrant holistic health by centering, integrating, balancing and harmonizing body, mind, spirit and environment of an individual. Thus we at HHFI continually update, apply and teach simple innovative techniques to heal and balance energies for a holistic, healthy, harmonious and happy Life for mankind at large.

Our Workshops:

a) Cosmic Abundance Workshop (with Free Cosmic Gift)

With the process of Ascension "The Shift" already in progress, with the vibration of Mother Earth rising; there is a compelling need to raise your vibrations, to be in tune with the raised higher vibrations of Mother Earth to survive and thrive.

This Cosmic Abundance Workshop is for you:

- to become Healthy, Wealthy, Happy and Successful
- to harmonise disturbing dysfunctional relationships
- to feel Loved and be at Peace with yourself
- to remove low self esteem and low self confidence, owing to problems at home / work
- to eliminate lack and inadequacy from your and your loved one's lives
- to be in tune with the higher frequencies of creation to easily manifest abundance
- It is your birth right, you are worth it, make the most of this channeled workshop.

b) Board Busters (Student Empowerment)

This program aims at helping students release exam related stress, anxiety, overload, confusion and fears. Teach them deep relaxation and empowerment techniques. Introduce them to simple effective study habits by training them to master rapid reading, recall and reproduce techniques leading to their peak performance and super success in exams.

c) Angel Therapy (with Angel / Oracle Card Reading)

is a spiritual healing method that involves working with a person's guardian angels and archangels, to heal and harmonize every aspect of life. Angel Cards empower us to receive Divine Guidance more clearly from the Creator and angels, who are the messengers of the Divine, to make your life more beautiful and peaceful.

Angel therapy helps heal individual's body, mind, emotions, relationships, family, career and finances.



d) Tarot Card Reading

The tarot is a tool for Divination. It can be used to identify and analyse problems, clarify the decision making process & even help you to understand yourself, your life and others better.

e) Integrated Clinical Hypnotherapy

This grants you access to your subconscious mind and by doing so provides an opportunity to help you heal yourself. It has been found particularly effective on stress, tension, anxiety, fears, phobias, bedwetting, stammering, migraine, asthma, diabetes, heart problems etc.

f) Usui Reiki (with Pranic and Crystal Healing)

A spiritually guided life force energy or "Prana Shakti", which heals the whole individual on all platforms of life, be it physical, mental, emotional or spiritual.

g) Karuna® Reiki

Karuna Reiki can be defined as a progression of Usui Reiki, which has been enhanced considerably. Karuna Reiki is deemed much stronger and can heal more deeply than Usui Reiki, with Karuna - compassion at its core. Karuna Reiki is not created to serve as a substitute for Usui Reiki, it is an additional technique that every Reiki Master can become an expert on.

h) Spiritual Management (Corporate Workshop)

"Consciousness of the collective pool of individuals being lead in an organised manner for a common goal and mission, is an organisation". Spiritual Management helps bring forth awareness of the subtle energies and the ability to use them to lead first the self and then an organisation to bring in peace, happiness, progress and prosperity for the organisation, its members and environment.

i) Empower & Enlighten the Leader in you (Corporate Workshop)

Your vision is the destination.

Your mission decides how you get there.

But somehow your desired goals, targets juststay a step away. Learn to get into the driver's seat, with the control in your hands, fuelled with Mind Power to drive towards your Goals.



Our Services:

1. Counselling and Therapy Sessions using

Advance Alternative Healing Techniques:

For Individuals:

- Integrated Clinical Hypnotherapy
- Past Life / Current life Regression Therapy
- Foreign Energy Management
- Deep Relaxation Techniques
- Reiki, (Usui & Karuna® Method)
- Tarot / Oracle - Angel guidance
- Family Constellation Therapy

2. Treating Properties (Commercial & Residential):

- Layout planning as per the principles of Vastu
- PyraVastu

Vastu is a science discovered by our great sages to make humans happy and prosperous, be it in their homes, shops, factories, offices, etc. It is the art of harmonising the mind, spirit and the environment by placing 'pyramid yantra' at appropriate locations to achieve health and prosperity. This energy balancing method is very powerful and is used to correct vastu defects without physically altering (ie complete or partial breakdown) your home, shop, office or factory.

Holistic Doctor

Office Address:

391/Saraswatinagar, Nr, Azad Society,
Ambawadi,

Ahmedabad -380 015

Contact: 9925470445, 9825844555

E-Mail: mail@HolisticDoctor.in

Website: www.HolisticDoctor.in